



242 8TH AVENUE

\$12 MINIMUM DELIVERY ORDER



T: 646.638.1335
ORDER BY PHONE!

ORDER ONLINE!

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CORPORATE ACCOUNTS WELCOME
ALL PRICES ARE SUBJECT TO CHANGE.

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BAGELS

Traditional, NYC hand-rolled, kettle-boiled bagels, sweetened with malt and baked daily right here in our store. We only use unbromated, unbleached, natural flours in all of our bagels!

\$1.35 EACH OR \$16.20 FOR A BAKER'S DOZEN

PLAIN EVERYTHING POPPY SESAME ONION PUMPERNICKEL	SALT MARBLE RYE CINNAMON RAISIN BIALY GARLIC	WHOLE WHEAT WHEAT EVERYTHING WHEAT POPPY WHEAT OAT BRAN WHEAT SESAME WHEAT HEALTH
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WHOLESOME 'FLATZ'

½ the Calories & Carbs of a Regular Bagel!

WHEAT FLATZ
WHEAT EVERYTHING FLATZ

\$1.35 EACH

BREADS

We're Proud to Offer Daily-Baked, Local Artisan Breads.

NEW YORK RYE • ARTISAN WHITE
SWISS HEALTH • KAISER ROLL
WHOLE WHEAT WRAP

SCHMEARS

CREAM CHEESES

	S'WICH	¼ LB
PLAIN*	3.25	2.35
VEGETABLE*, SUN-DRIED TOMATO WITH ROASTED GARLIC, STRAWBERRY, KALAMATA OLIVE, MAPLE RAISIN WALNUT, JALAPENO, SCALLION*	4.15	3.00
NOVA SCOTIA	5.35	4.00

*LOW FAT AVAILABLE

SPREADS

	S'WICH	¼ LB
BUTTER OR JELLY (GRAPE, STRAWBERRY)	2.25	2.35
PEANUT BUTTER OR NUTELLA	4.95	3.50
HUMMUS	5.25	3.50

TOFU SPREADS

	S'WICH	¼ LB
PLAIN	4.15	3.00
SCALLION OR VEGETABLE	4.50	3.25
NOVA SCOTIA	5.50	3.95

EGG SANDWICHES

THE LEO • Smoked Nova Lox, Eggs and Sautéed Onions	8.75
THE CLASSIC • Two Eggs, Applewood Smoked Bacon and Cheddar	6.95
THE DELANCEY • Two Eggs, Corned Beef or Pastrami, Breakfast Potato Latke, Sautéed Onions and Swiss	8.75
THE MULBERRY • Two Eggs, Esposito's Sausage, Green & Red Peppers and Sautéed Onions	7.75
THE HEALTH NUT • Three Egg Whites, Mushrooms, Spinach, Green & Red Peppers and Tomatoes	7.75
THE COLUMBUS • Three Egg Whites, Turkey Bacon, Avocado & Swiss Cheese	8.75
AVOCADO TOAST • Crushed Avocado, Salt, Pepper, Everything Seeds, Lemon and Diced Tomato ADD ON: ONE FRIED EGG - \$1.50	7.25
THE LATKE BEC • Two Eggs, Applewood Smoked Bacon, Cheddar and a Breakfast Potato Latke	7.75
THE LEXINGTON • Three Egg Whites, Swiss & Spinach	8.75

BREAKFAST

2 SCRAMBLED EGGS ON A BAGEL **4.45**

Cheese (+1.t00)

Black Forest Ham, Bacon or Sausage (+1.50)

Chicken Sausage, Turkey Bacon,

Kosher Beef Salami or Sliced Turkey (+2.00)

Side of Black Forest Ham, Bacon or Sausage (+2.25)

ORGANIC STEEL-CUT OATMEAL **3.95 / 4.95**

Small or Large. Brown Sugar and Cinnamon

ADD TO OATMEAL

Raisins, Flaxseed or Walnuts (30¢ EACH)

Strawberries and Blueberries (1.00 EACH)

CLASSIC OMELETTES

THREE EGGS, A BAGEL & BREAKFAST POTATO LATKE

CHEESE 6.25

SALAMI OR TURKEY 6.50

WESTERN 6.95

LOX & ONION 9.95

BREAKFAST SIDES

BREAKFAST POTATO LATKE + \$1.95

EGG WHITES + \$1.00

APPLEWOOD, CHICKEN SAUSAGE, TURKEY BACON,

KOSHER BEEF SALAMI + \$2.00

HARD BOILED EGGS + \$1.00

DEVILED EGGS + \$1.00

La COLOMBE COFFEE BAR

REGULAR - CORSICA BLEND 2.35 2.75 3.15

DECAF 2.35 2.75 3.15

CAFFE' AMERICANO 2.75 3.25 3.75

CAPPUCCINO 3.65 4.05 4.65

CAFFE LATTE 3.65 4.05 4.65

CAFE AU LAIT 3.15 3.55 4.15

DOUBLE ESPRESSO 3.50

DOUBLE MACCHIATO 3.50

HOT DRINKS

HARNEY & SONS TEA 2.35 2.75 3.15

EARL GREY SUPREME, CHAMOMILE

HERBAL, JAPANESE SENCHA GREEN,

PEPPERMINT HERBAL, RASPBERRY HERBAL,

ENGLISH BREAKFAST

CHAI TEA: VANILLA & SPICE 3.65 4.50 5.50

HOT CHOCOLATE 2.75 3.25 3.75

ICED DRINKS

ICED COLD BREW 3.45 3.95

ICED CAPPUCCINO 4.25 4.95

ICED LATTE 4.25 4.95

ICED TEA 3.45 3.95

ICED CHAI TEA 4.25 4.95

PASTRIES & TREATS

ASSORTED MUFFINS BAKED IN HOUSE 2.95 EA

CORN, BLUEBERRY, LEMON POPPY, BANANA WALNUT,

CRANBERRY, CHOCOLATE CHIP, MORNING GLORY, APPLE

CINNAMON & DOUBLE-CHOCOLATE

RUGELACH 1.35 EA

CHOCOLATE & CINNAMON, RASPBERRY & CINNAMON,

APRICOT & CINNAMON

BELGIAN CHOCOLATE-DIPPED MACAROONS ... 1.35 EA

TRIPLE-TROUBLE BROWNIES 3.95 EA

BABKA 3.95 EA

CHOCOLATE OR CINNAMON

LARGE HOMEMADE COOKIES 2.95 EA

CHOCOLATE CHIP, PEANUT BUTTER, OATMEAL RAISIN

BLACK & WHITE COOKIES: LARGE OR MINI 2.95/1.00

DANISH - DAILY SELECTIONS 2.95 EA

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SIGNATURE SANDWICHES

SANDWICHES COME WITH
A **GUSS' PICKLE** & A SIDE
OF **COLE SLAW**

ALL SANDWICHES ARE
SERVED ON A **BAGEL, WRAP**
OR **ARTISAN BREAD**

THE TRADITIONAL • Nova Scotia Salmon, Plain Cream Cheese, Beefsteak Tomatoes, Red Onions & Capers.....	11.50
THE CHELSEA CLUB • Chicken Salad, Cheddar, Smoked Bacon, Beefsteak Tomatoes, Romaine & Red Onions	9.25
THE GRAND CENTRAL • Grilled Chicken, Smoked Bacon, Beefsteak Tomatoes, Romaine & Dijon Mayo.....	9.25
THE ALTON BROWN • Pumpernickel Bagel, Smoked Trout, Horseradish Cream Cheese, Avocado and Tobiko.....	11.50
THE RB PRIME • Fresh Carved Roast Beef, Cheddar, Romaine & Beefsteak Tomatoes	9.95
THE NATURAL • Smoked Turkey, Brie, Beefsteak Tomatoes, Romaine & Dijon Dill Sauce	9.95
OLD-SCHOOL TUNA • Our Fresh Tuna Salad, Romaine & Tomatoes	7.95
REUBEN REUBEN REUBEN • Corned Beef, Pastrami or Roast Turkey, Sauerkraut, Swiss Cheese & Russian Dressing	11.95
THE TRIBECA • Roast Turkey, Havarti, Romaine, Beefsteak Tomatoes, Basil Mayo & Cracked Black Pepper	9.95
GRANDPA MAX • Our Smoked Whitefish Salad, Beefsteak Tomatoes & Red Onions	8.95
AVOCADO TOAST • Crushed Avocado, Salt, Pepper, Everything Seeds, Lemon and Diced Tomato	7.75
ADD ON: ONE FRIED EGG - \$1.50	
BLT • Applewood Smoked Bacon, Romaine Lettuce, Beefsteak Tomatoes & Mayonnaise.....	7.25
ADD ON: CHICKEN SALAD - \$2.00	

SIDES

	1/4 LB	LB
COLE SLAW	1.25	5.00
POTATO SALAD	1.25	5.00
MACARONI SALAD	1.25	5.00

SMOKED FISH

PLAIN CREAM CHEESE OR BUTTER INCLUDED ON ALL SMOKED FISH SANDWICHES

	S'WICH	1/4 LB
EASTERN NOVA SCOTIA SALMON	10.95	10.75
GRAVLAX	10.95	10.75
BELLY LOX	10.95	10.75
SMOKED TROUT	10.95	10.75
PASTRAMI SALMON BY DAVID BURKE	12.50	12.00
SCOTTISH SALMON	12.00	11.50
WILD PACIFIC SALMON	13.75	12.50
WILD COHO SALMON	13.75	12.50
BAKED KIPPERED SALMON	10.95	10.75
LAKE STURGEON	14.50	13.50
SABLE (SMOKED BLACK COD)	14.00	13.00
WHITEFISH (WHOLE)	9.95	5.95
HERRING TIDBITS IN CREAM SAUCE	7.25	3.95

CATERING

BELOW IS JUST A SAMPLING OF OUR CATERING MENU.
Please call our Catering Department or visit us online for more.

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	SML (SERVES 5)	MED (SERVES 10)	LG (SERVES 20)
THE TRADITIONAL** Eastern Nova Scotia Salmon, a Large Whitefish, Sable, with Choice of 3 Homemade Cream Cheeses	\$95	\$190	\$360
BAGELS & LOX** Eastern Nova Scotia Salmon, With Choice of 3 Homemade Cream Cheeses	\$90	\$170	\$325
CONTINENTAL BREAKFAST* Choice of 2 Homemade Cream Cheeses, Danish, Fresh-Baked Muffins, Seasonal Fruit Bowl, Fresh-Squeezed OJ and Hot La Colombe Coffee	\$70	\$130	\$245
BAGELS & SCHMEARS* Includes Your Choice of 3 Housemade Cream Cheeses on a Platter with Eli & Ali's Beefsteak Tomatoes & Cucumbers	\$35	\$65	\$125
DELI SANDWICH PLATTER* Your Choice of Cold Cuts and Cheese, with Pickles, Cole Slaw, Potato Chips, Beefsteak Tomatoes, Lettuce, Soda, Spring Water and Condiments	\$65	\$130	\$245
SALAD SANDWICH PLATTER* Choice of 3 Homemade Deli Salads with Pickles, Cole Slaw, Potato Chips, Beefsteak Tomatoes, Lettuce, Soda, Spring Water and Condiments	\$60	\$120	\$225
FRESH SEASONAL FRUIT BOWL	\$25	\$47.50	\$90
FRESH SEASONAL SLICED FRUIT	\$30	\$52.50	\$100
DESSERT PLATTER A Fine Assortment of Freshly Baked Muffins, Brownies, Cakes and Cookies	\$30	\$57.50	\$110

*THESE SELECTIONS INCLUDE AN ASSORTMENT OF OUR TRADITIONAL, HAND-ROLLED, KETTLE-BOILED BAGELS.

**ALSO SERVED WITH BEEFSTEAK TOMATOES, CUCUMBERS AND ONIONS.

DELI CLASSICS

	S'WICH	1/4 LB
HOT CORNED BEEF	10.95	5.25
HOT PASTRAMI	10.95	5.25
KOSHER BEEF SALAMI	7.50	4.50
TOP ROUND ROAST BEEF	8.95	4.85
HOMEMADE ROAST TURKEY	8.75	4.85
ALL- NATURAL SMOKED TURKEY	8.75	4.85
PASTRAMI TURKEY	8.75	4.85
ALL- NATURAL BLACK FOREST HAM.....	8.75	4.85
CHICKEN CUTLET (GRILLED OR PANKO BREADED)	7.95	4.50
MURRAY'S SPECIAL GRILLED CHEESE WITH AMERICAN, SWISS OR CHEDDAR	5.25	

DELI SALADS

	S'WICH	1/4 LB
TUNA SALAD (REG. OR LOW FAT)	6.95	3.75
MURRAY'S WHITEFISH SALAD	8.50	5.25
BAKED SALMON SALAD	8.50	5.25
EGG SALAD	5.75	3.25
CHICKEN SALAD	7.50	4.25
SHRIMP SALAD	8.75	4.95

CHEESE

	S'WICH	ADD ON	1/4 LB
MUENSTER, AMERICAN, PEPPER JACK, SWISS, CHEDDAR, PROVOLONE	3.95	1.15	2.25
BRIE, HAVARTI OR FRESH MOZZARELLA	4.95	1.65	2.65

ADD TO ANY SANDWICH

LETTUCE, ONIONS, CUCUMBERS, CAPERS	30¢
ELI & ALI'S BEEFSTEAK TOMATOES	50¢
AVOCADO	1.95

FRESH SALADS

MADE DAILY WITH ALL THE FRESHEST INGREDIENTS!
ALSO AVAILABLE IN A WHOLE WHEAT WRAP

CAESAR	5.95
Parmesan, Bagel Chips & Romaine	
THE GARDEN	5.25
Sliced Red Onions, Tomatoes, Olives, Bagel Chips, Cucumber & Romaine	

ADD TO ANY SALAD

EGG SALAD	2.35
GRILLED CHICKEN	3.65
CHICKEN SALAD	2.85
TUNA SALAD	2.65
BAKED SALMON	6.75

ALL NATURAL DRESSINGS

Caesar • Russian • Blue Cheese
Red Wine Vinaigrette • Raspberry Vinaigrette
Olive Oil with Balsamic Vinegar

SOUPS

EVERY DAY WE OFFER 3 VARIETIES OF HOMEMADE
SOUP, SERVED WITH OUR CRISPY BAGEL CHIPS
ASK FOR OUR DAILY SELECTIONS.

CHICKEN NOODLE (Small/ Large).....	5.25/ 6.25
LENTIL (VEGAN) (Small/ Large).....	4.50/ 5.50
SOUP OF THE DAY (Small/ Large).....	5.25/ 6.25

SNACKS

POTATO CHIPS	1.95 EA.
Salt, BBQ, Sea Salt & Vinegar, Sour Cream & Onion, Cracked Pepper	

BEVERAGES

WE CARRY A GREAT SELECTION OF GOURMET DRINKS
AND NATURAL JUICES INCLUDING:

ITO EN • BOYLAN'S • DR. BROWN'S • RED JACKET JUICES
COCA-COLA • SPRITE • NAKED • SAN PELLEGRINO
POLAND SPRING • RONNYBROOK • SNAPPLE • NATALIE'S
PURITY

FRESH-SQUEEZED OJ (Small / Large) .. **3.65/4.50**

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